



WELCOME TO 2024 INTERNATIONAL JUNIOR TENNIS CAMP

# ENHANCING TENNIS SKILLS OF ALL LEVELS!

Making advancement in the junior tennis game, from the **beginners to advanced players**, with the professional team on a beautiful Mediterranean island - Cyprus!

PROMO VIDEO





AGE 8-14



RAISING CHAMPIONS



Tennis, Fitness, Sports

# Cyprus Tennis Camp

## 04 - 11 August, 2024



PROFESSIONAL TEAM



TOURNAMENT



PRIZES



FITNESS & NUTRITION

The unique training program for raising independent players with the goal not to only enhance tennis and physical skills, but also mental toughness.

Incorporating fun, activities, and games will enable your child to enjoy their summer tennis holidays, meet new players, compete and have high training activity.

Players aged below 10 years old, have to be accompanied by at least one parent, or guardian.

LOOK NO FURTHER

# Major Tennis Benefits



## GROUPS

Adjusted to the level of  
players



## LICENCED COACHES

Effective training from the  
professional coaches



## PLAY TACTICS

Analysing and improving  
tactics and plays



## SPEED & AGILITY

Well designed fitness  
program



## FUN & GAMES

Building team spirit on and  
off the court



## TOURNAMENT

Competition with  
knock-out system

# Program Breakdown

## Per Week

Tennis.....	14h
Fitness.....	10h
Sports.....	7h
Plays & Tactics.....	3h
Mental.....	1h
Matches	



**Players are grouped based on the skill level.**



FIRST & LAST DAY

## Sunday 4th

13:00  
14:00

### REGISTRATION & CHECK IN

Registration and checking into the rooms

14:00  
15:00

### LUNCH

Mix of the meat, vegetables, fish, salads, and different sweets

15:00  
17:00

### FREE TIME

Relaxing time, sea or pool swimming, board games, etc.

17:00  
19:00

### TENNIS & FITNESS

Practicing drills, improvements of the technique, games

19:30  
20:30

### DINNER

Different light nutrition meals every night, with fruits and drinks

## Sunday 11th

8:00  
8:45

### BREAKFAST

Mediterranean food with the specific nutrition for the sport

9:00  
11:00

### TENNIS & FINAL MATCH

Playing points and/or swimming at the pool

11:30  
12:00

### AWARDS & PRESENTS

Meetup for the feedback and giving awards and presents to the players

12:00

### CHECK OUT

Checking out from the hotel



## THE WEEKLY PROGRAM

# Monday, Tuesday, Wednesday, Thursday, Friday

7:30  
8:00

### WARM UP

Running, Walking and Stretching

8:00  
8:45

### BREAKFAST

Mediterranean food with the specific nutrition for the sport

9:00  
11:00

### TENNIS & FITNESS

Practicing drills, improvements of the technique, games

11:00  
12:00

### MATCHES

Playing matches with the knock-out system

14:00  
15:00

### LUNCH

Mix of the meat, vegetables, fish, salads, and different sweets

15:00  
17:00

### FREE TIME

Relaxing time, pool swimming, board games, etc.

17:00  
19:00

### TENNIS & FITNESS

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19:30  
20:30

### DINNER

Different light nutrition meals every night, with fruits and drinks

ALWAYS MORE

# Earning Points on Each Training Session, to Win Top Prizes



	Morning	
◀	Tennis	Monday, 23rd, 2024
◀	Fitness	
◀	Positive Attitude	
Afternoon		
◀	Tennis	
◀	Fitness	
◀	Positive Attitude	
Morning		
◀	Tennis	
◀	Fitness	
◀	Positive Attitude	
Afternoon		
◀	Tennis	
◀	Fitness	
◀	Positive Attitude	
Morning		
◀	Tennis	

# Location

**Cyprus** welcomes people with its sparkling sea, beautiful beaches, extraordinary scenery, rich history, the birthplace of Aphrodite, Mediterranean cuisine, sunny 300 days in a year and more.

It's the ideal location for many sports activities due to the climate, warm blue water, and mountain Troodos. Tennis players of all ages and levels can enjoy a rewarding holiday experience, taking advantage of professional but fun coaching, in a relaxing and beautiful environment.

Supported by: **MmmBeach** the #1 Tourist Guide bringing you detailed information about Cyprus.

[Apple Store](#)

[Google Play](#)





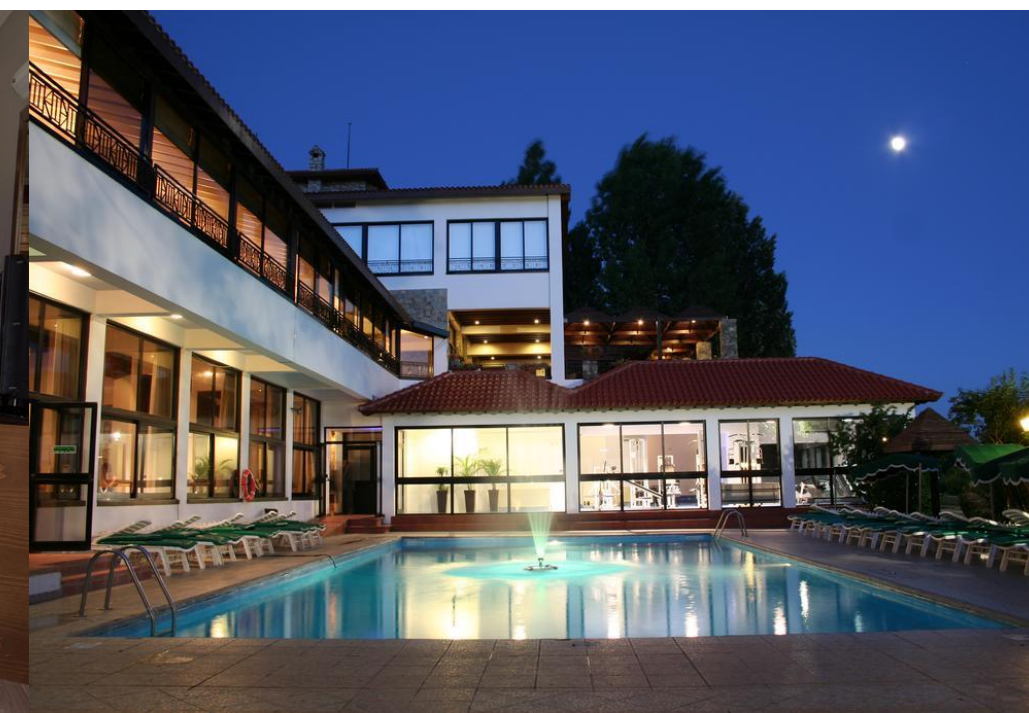
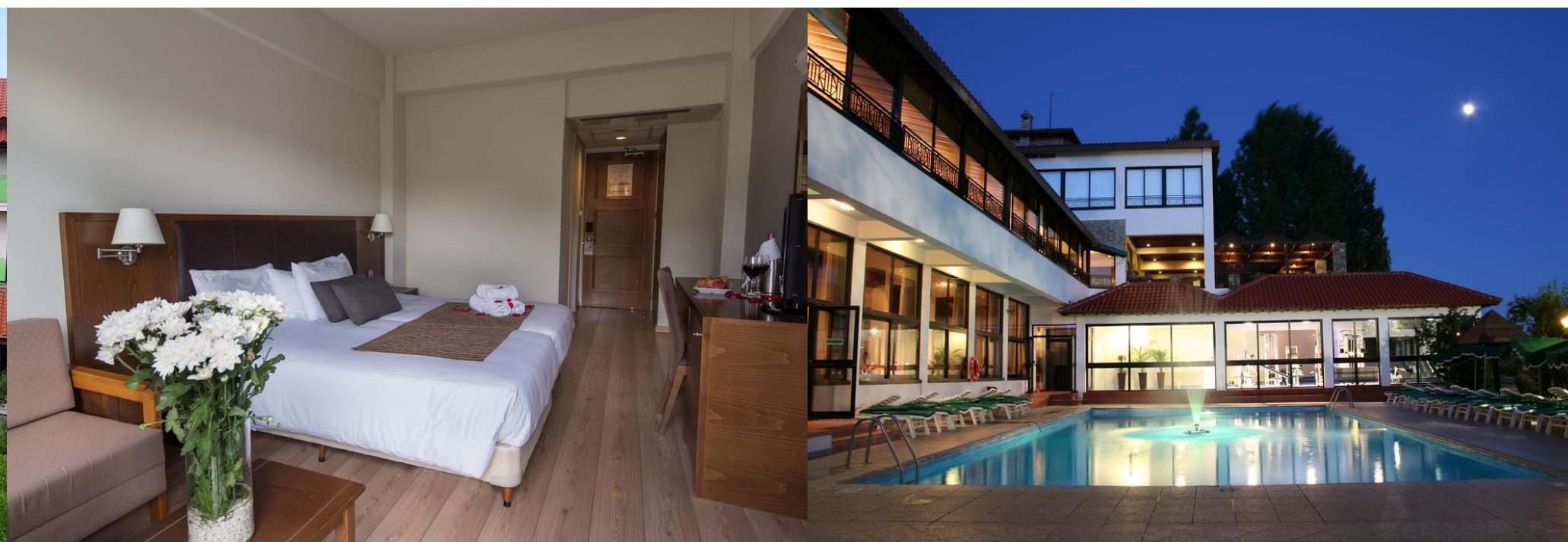


## ACCOMODATION

# Rodon Hotel [Website](#)

Set within the scenic parkland of Agros, Troodos mountain, the Rodon Hotel provides comfortable accommodation and a wide range of facilities, such as an outdoor pool, a sauna, outdoor tennis and basketball courts as well as access to Kyperounda Stadium. There is an easy access to Kakopetria and Platres are also just a short drive from the property with the scenic view of the nature.

- Restaurant
- Fitness centre
- Outdoor swimming pools
- Indoor heated swimming pool
- Tennis: 1 Hard Court
- Basketball & Football courts
- Table tennis
- Bicycle rental





## IMPORTANT DETAILS

# High-Level Tennis Camp Experience

1, 2 and 3 bedroom apartments are available.



### AIRPORTS

Distance from the Cyprus airports:  
Paphos 17 km,  
Larnaca 114 km.



### SECURE AREA

The resort is separated complex and provides a secure area all around.



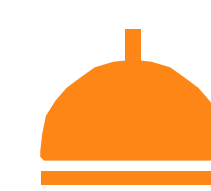
### PRIVATE DOCTOR

Dedicated general practitioner with experience in sports medicine.



### FLEXIBLE STAY

Parents can choose the length of stay suitable to their needs, during the days of camp.



### FULL BOARD

Three nutrition meals, fruits, water and snacks throughout a day.





A FEW WORDS

## Unique & Innovative Approach

*Our goal is to provide a unique tennis program for faster improvement across all areas and experience for players to become future independent athletes, ready for any challenge. We guarantee the innovative tennis camp approach and excellent time for the players, which they will forever remember!*

**Milenko Strika** 

Founder | [Serbia Tennis Camp](#)



# AquaPark Visit

## Wed 7th of Aug

From 2023, we incorporated the visit to [Fasouri Watermania Park](#) in Limassol, for any player who wish to have additional fun. Additional charge will be applied of for the transportation, entrance fee and lunch. Players who decide to stay, will have regular training program.



### The Cost

60 Eur

### Entrance & Lunch

Lunch package includes: Cheeseburger, or Chicken/Beef, or Vegan Burger, or Vegetarian Fajita, or Chicken Nuggets, or Hotdog with French Fries & one drink.

### Transportation

Mini-bus, from and to the hotel.



### Details

### Food arrangement

Lunch at Aquapark, breakfast & dinner at the hotel.

### The Schedule

Leaving hotel at 9:00. Being at the AquaPark from 10-17:00. Returning back to hotel at 18:00.

### Players under 10 years

Have to be accompanied by at least one parent.

NEED ASSISTANCE?

# FAQ

## **Do I need visa?**

Depending on the citizenship you have, we can provide the invitation letter in case you need a visa to enter Cyprus.

## **Can parents stay together with a child?**

Yes, parents or family member can stay together with a child or children together, or in a separate apartment.

## **Is Private Accommodation possible?**

Yes, your child can stay in private accommodation and be enrolled in the training sessions only.

## **Is there a Discount?**

We provide a 10% discount for enrolling siblings, and for booking 1 week or more.

## **Is AquaPark mandatory**

No, your child don't need to visit AquaPark and can stay and continue the training session program.

## **What kind of food is provided?**

There will always be a variety of food choices (regular, vegan, or vegetarian), which are prepared specially for athletes.

## **Is the Airport Transfer organized?**

We can provide public transportation info and few contact details, but the airport transfer you have to organize.

## **How to make Payment?**

Reservation and full payment can be done via bank transfer and by the Revolut.

CONTACT US

# Get in Touch!

Feel free to contact us for any additional information. For the international calls, use WhatsApp or Viber to call us free of charge.

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 [www.CyprusTennisCamp.com](http://www.CyprusTennisCamp.com)

**BOOK NOW!**

